



# Florida Celebrates WORLD HEART DAY



## Florida HEALTH

Orange County

Join the Florida Department of Health in Orange County as we come together with partners in the community to support the fight against the world's **#1 killer - Cardiovascular Disease**

**80 percent of deaths** from cardiovascular disease (CVD) **could be avoided** if four main risk factors (tobacco use, unhealthy diet, physical inactivity and harmful use of alcohol) were controlled. Make healthy lifestyle choices and help your loved ones do the same.

### Sign up for Hands-Only CPR training today!



In partnership with:



**CPR & AED**  
Foundation, Inc.



Nemours Children's Hospital



**GATORLAND**  
Home of the Screamin' Gator Zip Line



Register online at [Orange.Floridahealth.gov](http://Orange.Floridahealth.gov)