COVID-19 TESTING

ACCESSING AND UNDERSTANDING YOUR TEST RESULTS

Florida HEALTH
Orange County

ACCESS TO LAB TEST RESULTS

You can access your COVID-19 Lab results through the LabCorp Patient Portal. Visit https://patient.labcorp.com or download the installable app on your mobile device.

Download on the App Store

GET IT ON Google Play

1 SIGN UP Create an account by completing the New Registration Form. You have the option to use your last four digits of your Social Secutiy number or a valid Driver's License number to verify your identiy during registration. After you have completed the New Registration Form, click **Create Account**.

2 ACCOUNT VERIFICATION After creating your account, you will be directed to a page to verify your account using a One-Time Verification Code, which can be sent to you via text message or email. After you have finished selecting a method for receiving your One-Time Verification Code, retrieve the code from your email or mobile phone and enter it on the verification page, then click **"Verify."**

3 LOGIN TO ACCOUNT On the Account Created page, use the User ID and Password you created on the New Registration Form, then click **"Login"** to access your LabCorp Patient Portal.

WAITING FOR TEST RESULTS

What to do about work while you wait for test results?

- Please inform your supervisor at work that you have been tested for COVID-19 and note the date of testing.
- <u>If you are experiencing symptoms:</u> Notify your supervisor and stay home.
- <u>If you are not experiencing symptoms:</u> Request guidance from your supervisor on any potential work and patient care restrictions until you know your test results.
- Avoid using public transportation, ride-sharing or taxis when commuting.

What to do to protect yourself while you wait for test results?

- Wash your hands often with soap and water for at least 20 seconds. Clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Clean all "high-touch" surfaces every day. High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables.
- Cover all coughs and sneezes.
- If available, wear a facemask if you are sick.

Seek medical attention immediately if you develop any of the following emergency warning symptoms for COVID-19 or other medical emergencies:

Extremely difficult breathing, Bluish lips or face, Constant pain or pressure in the chest, Severe Constant dizziness or lightheadedness, Acting confused, Difficult to wake up, Slurred speech (new or worsèning), New seizure or seizures won't stop. (This list is not all-inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.)

*For medical emergencies, <u>call 911</u> & notify the dispatch personnel that you may have COVID-19.

WHAT TO DO IF YOU TEST POSITIVE (+) FOR COVID-19?

IF YOU TEST POSITIVE, keep your entire household at home.

- **Most cases can be cared for at home.** Do not go to the hospital to seek care unless you have a medical emergency.
- **Do NOT go to work.** Notify your employer of your positive test result.
- **Monitor your symptoms at home:** Note the day any new symptoms begin; Check your own temperature two times a day; Keep a daily record of fever, cough, and additional respiratory symptoms.

   Seek medical attention if you develop ANY of the following:

   - ☐ Extreme difficulty breathing
   - ☐ Bluish lips or face
   - ☐ Contant pain or pressure in the chest
   - ☐ Severe constant dizziness or lightheadedness
   - ☐ Difficult to wake up
   - ☐ Slurred speech (new or worsening)
   - ☐ New seizures or seizures that won't stop

What Should You Expect?

- Most people experience minor symptoms such as fever and cough.
- Over-the-counter medications that lessen symptoms of fever and cough may help. It is important to get rest and drink plenty of fluids.
- There is currently no vaccine or medication to treat or prevent COVID-19.

When Does Home Isolation End?

- If you test positive for COVID-19, stay home and limit contact with others until:
  - ► You have been fever-free for at least 3 days without using medicine that reduces fever

    AND
  - ► Your other symptoms have improved

    AND
  - ► At least 7 days have passed since your symptoms first appeared
- You will need to consult your employer prior to returning to work.

WHAT TO DO IF YOU TEST NEGATIVE (-) FOR COVID-19?

IF YOU TEST NEGATIVE for COVID-19:

- You are probably not infected at this time. However, you could have been exposed and test positive later. You must continue to practice all the protective measures to keep yourself and others negative.
- As long as the virus that causes COVID-19 is spreading in your community, continue to follow recommendations to protect yourself, including: practice social distancing, wash your hands often, avoid touching your face, and avoid social gatherings according to local guidance.
- Follow guidance from your healthcare provider and your state and local health departments.