Florida _____ Department of Health in Orange County



BBB NEWSLETTER September - October 2022

Welcome! Bellies, Babies & Beyond (BBB) created a newsletter to connect with community partners and members.

The BBB Newsletter is a bi-monthly snapshot of all things BBB. We will inform you of our class schedule, community engagement events, and bring awareness to important maternal and child health topics.

We hope you enjoy!



Maternal Child Health Summit 2022



Welcome to ONE! SEPTEMBER 17, 2022 9:00 AM - 3:30 PM

Marriott Orlando Downtown

400 W. Livingston St. Orlando, FL 32801

What to Expect:

- Infant CPR
- Health Screenings
- Safe Sleep & SIDS
- Health & Community Resources
- Breastfeeding & Nutrition
- And much more!

SCAN QR CODE TO REGISTER PRE-REGISTRATION FOR EVENT IS REQUIRED



HISPANIC HERITAGE MONTH COMMUNITY RESOURCE FAIR Saturday, October 8, 2022

10 a.m. - 1 p.m. 6101 Lake Ellenor Drive Orlando, FL 32839

Did you know, September is National Infant Mortality Awareness Month?

According to the National Healthy Start Association , infant mortality is when a baby dies before its first birthday. The five leading causes of infant death are birth defects, preterm birth and low birth weight, sudden infant death syndrome (SIDS), maternal pregnancy complications and injuries (e.g., suffocation).

It's important to educate yourself and improve your understanding of safe sleep and SIDS. Sign up for Bellies, Babies, and Beyond's W.I.S.E and E.A.M.I 6-week seminar classes to learn about the importance of practicing safe sleep techniques!

Upcoming Classes:

<u>E.A.M.I.</u>

September 7, 14, 21, 28 October 5, 12 6:30 p.m. - 8:30 p.m. Location: Virtual (Microsoft Teams) Educación y Apoyo a Mujeres e Infantes E.A.M.I. is the Spanish speaking version of W.I.S.E.

<u>W.I.S.E.</u>

September 13, 20, 27 October 4, 11, 18 10:00 a.m. - 12:00 p.m. Location: 5151 Raleigh Street, Suite B Orlando, FL 32811 *Women Infant Support Education*

Childbirth Class

September 10 & October 1 (English) September 17 & October 15 (Spanish) 9:00 a.m. - 4:00 p.m. Location: 5151 Raleigh Street, Suite B Orlando, FL 32811

September 6, 13, 20, 27 (English) October 4, 11, 18, 25 (Spanish) 6:30 p.m. - 9:30 p.m. Location: 5151 Raleigh Street, Suite B Orlando, FL 32811

Safe Ride 4 Babies Car Seat Class

September 2 & October 7 9:00 a.m. (Spanish) 11:00 a.m. (English) Location: 475 Story Rd Ocoee, FL 34761

For 24/7 DAD class dates & time call 407-723-5209



Benefits of Breastfeeding

September 12 & October 10 (English) 7:00 p.m. - 8:00 p.m. Location: Virtual (Microsoft Teams)

September 26 & October 24 (Spanish) 7:00 p.m. - 8:00 p.m. Location: Virtual (Microsoft Teams)

Breastfeeding Support Group

September 13 & October 11 (English) 10:30 a.m. - 11:30 a.m. Location: Virtual (Microsoft Teams)

September 27 & October 25 (Spanish) 10:30 a.m. - 11:30 a.m. Location: Virtual (Microsoft Teams)

Scan the QR code to sign up for classes



Want to collaborate on a community event? Contact our Community Engagement Coordinator Charnae DeBose at (407) 723-5407 or charnae.debose@flhealth.gov