



# Body Mass Index Surveillance Among 1st, 3rd, and 6th Grade Public School Students, Orange County, Florida 2009-2015

To help understand the health of the student population in Orange County Public Schools, the Florida Department of Health in Orange County, School Health Program screens 1st, 3rd, and 6th grade students. This screening process includes capturing information (age, height, and weight) to calculate students' body mass index (BMI), a measure of healthy weight. The information is then compiled and reported by the Florida Department of Health in annual school year reports located at:

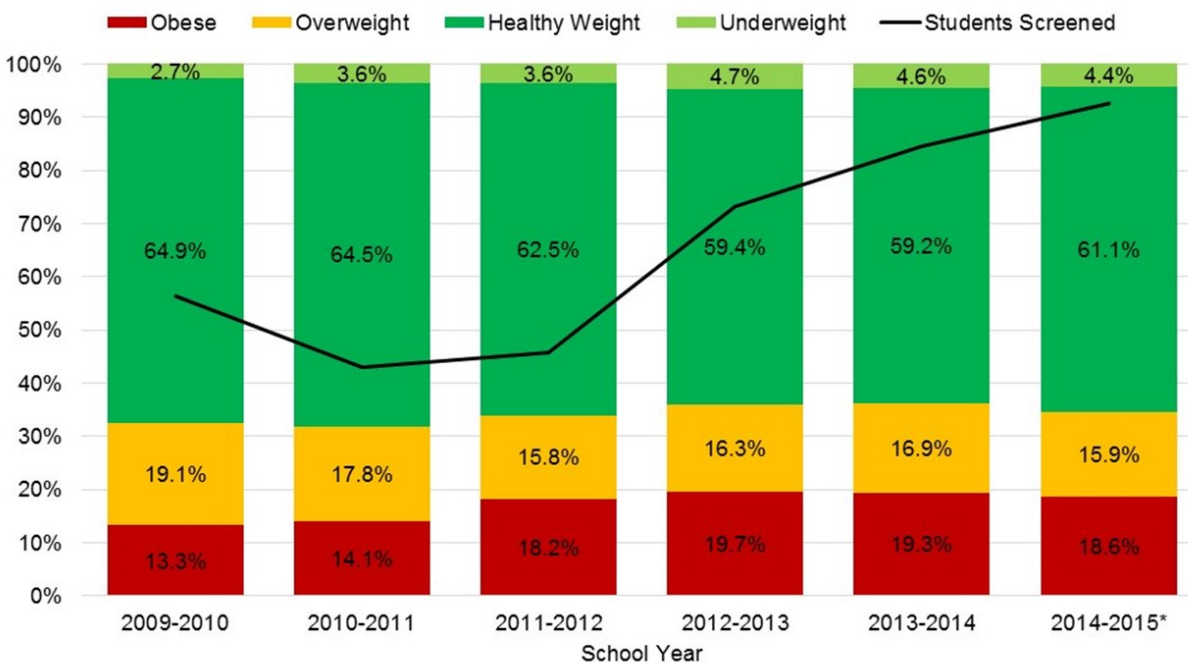
<http://www.floridahealth.gov/programs-and-services/childrens-health/school-health/reports-information.html>

## Are Public School Students in Orange County achieving a Healthy Weight?

- The percentage of students screened in Orange County Public Schools who are overweight or obese **increased** 2.1% from the 2009-2010 (32.4%) to the 2014-2015 (34.5%) school year.
- Those that were considered obese **increased** by 5.3% to reach 18.6% in the 2014-2015 school year, during the same timeframe.
- There were **slight improvements** in the percentage of screened students achieving a healthy weight BMI, since the low (59.2%) in the 2013-2014 school year.
- Overall, students in Orange County Public Schools mirror the State of Florida and national trend of having increasingly unhealthy weight among children.

National childhood obesity information can be found at: [www.cdc.gov/obesity/data/childhood.html](http://www.cdc.gov/obesity/data/childhood.html).

## Percentage of Public School Students in 1st, 3rd, and 6th Grade by Body Mass Index Classification and School Year, Orange County, Florida 2009-2015



\* Preliminary data for 2014-2015 school year

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