



SAFE SLEEP EDUCATION

EDIKASYON DÒMI SAN DANJE

know the
safe-sleep



SAFE SLEEP CLASS SCHEDULE

HOSTED AT:

**6101 Lake Ellenor Drive
Orlando, FL 32809**

Wednesdays: 11 a.m.–12:30 p.m.

April 16, 2025

May 14, 2025

June 11, 2025

July 9, 2025

August 13, 2025

September 10, 2025

October 8, 2025

November 12, 2025

December 10, 2025



**Scan QR to register for classes.
For more information on
classes, call 407-723-5292.**

ABC'S OF SAFE SLEEP

ALONE: Infants should always sleep or nap alone – not sharing beds or cribs with others.

BACK: Always put a baby on their back to sleep or nap.

CRIB: Babies should always sleep or nap in their own safety-approved crib, play yard, bassinet, or portable crib without blankets or pillows.

ABC A NAN DÒMI SAN DANJE

Pou kont li: Tibebe yo ta dwe toujou dòmi oswa nap pou kont li – pa pataje kabann oswa bèso ak lòt moun.

Retounen: Toujou mete yon ti bebe sou do yo nan dòmi oswa dòmi.

Bèso: Ti bebe ta dwe toujou dòmi oswa nap nan pwòp bèso sekirite yo apwouve, jwe lakou, basen, oswa bèso pòtab san dra oswa zòrye.

If you would like to register for the Safe Sleep Education class, please contact our community engagement Coordinator Krystle Smith at 407-723-5330 or Krystle.Smith@FLhealth.gov.

Si ou ta renmen enskri pou Edikasyon Dòmi san danje, tanpri kontakte: Community Engagement Coordinator Krystle Smith at 407-723-5330 or Krystle.Smith@FLhealth.gov.





ESKE PITIT OU AN SEKIRITE?

KLAS CHÈZ MACHIN

Èske w te konnen:

- Aksidan machin se premye kòz lanmò pou timoun ki gen ant 1 ak 13 an.
- Syèj sekirite timoun yo itilize kòrèkteman ka diminye risk lanmò a 71 pousan.
- Twa sou kat chèz machin yo pa itilize kòrèkteman.

Car Seat Class Schedule

Wednesdays at 9 a.m.

6101 Lake Ellenor Drive, Orlando, FL 32809

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