



**CALLING ALL MOTHERS, MOTHERS-TO-BE, SUPPORTERS
AND FATHERS TOO!**

4th Annual Free Maternal Child Health Summit

Welcome to ONE!

**October 5, 2024
9:00 a.m. to 3:30 p.m.**



**DoubleTree by Hilton
at the Entrance to Universal Orlando
5780 Major Boulevard Orlando, Florida 32819
FREE PARKING**

**For more info call
407-858-1494**

Workshops for Orange County families with babies 0 - 6 months:

- Ask-A-Doc
- Baby Basics
- Breastfeeding & Nutrition
- Fatherhood
- Home Safety & Infant CPR
- Growth & Development (Milestones)
- Pregnancy Yoga & Mindfulness
- Safe Sleep & Shaken Baby Syndrome

What to Expect:

- Health Screenings
- Community Resources & Giveaways
- Lactation Room & Changing Table Stations
- Creole & Spanish Translation Services Available

**Attendance for the
entire event is
highly encouraged!**

Visit mchsummit.eventbrite.com or scan the QR Code!

**REGISTER TODAY!
REGISTRATION FOR THIS EVENT
IS REQUIRED**

