



BOOTCAMP FOR NEW

Dads

2026

9:00 A.M. - 11:00 A.M.

JANUARY 10

FEBRUARY 07

MARCH 04

APRIL 04

MAY 02

JUNE 06

6101 LAKE ELLENOR DRIVE
ORLANDO, FL 32809

****Dates Subject To Change**



**Florida
HEALTH**
Orange County

LEARN ABOUT:

- Parenting tips
- Infant safety
- Stress management
- Changing a diaper
- Calming a fussy baby
- Labor and delivery
- Supporting mom
- Keeping the romance

To register, contact Fatherhood
Coordinator Luc Desir at
407 276-6816 or
Luc.Desir@FLhealth.gov