



# 24/7

## Dads 2026

11:30 A.M. - 1:30 P.M.

JULY	11
AUGUST	01
SEPTEMBER	06
OCTOBER	03
NOVEMBER	07
DECEMBER	05

6101 LAKE ELLENOR DRIVE  
ORLANDO, FL 32809

**\*\*Dates Subject To Change**



**LEARN ABOUT:**

- Communication
- Power and Control
- Stress management
- Dealing with Anger
- Knowing Myself (Self-Worth)
- Men's Health
- Fun with the Kids
- Working with Mom & Co-parenting

To register, contact Fatherhood  
Coordinator Luc Desir at  
407 276-6816 or  
[Luc.Desir@FLhealth.gov](mailto:Luc.Desir@FLhealth.gov)