



BOOTCAMP FOR NEW

Dads

2026

9:00 A.M. - 11:00 A.M.

JULY 11

AUGUST 01

SEPTEMBER 12

OCTOBER 03

NOVEMBER 07

DECEMBER 05

6101 LAKE ELLENOR DRIVE
ORLANDO, FL 32809

****Dates Subject To Change**



LEARN ABOUT:

- Parenting tips
- Infant safety
- Stress management
- Changing a diaper
- Calming a fussy baby
- Labor and delivery
- Supporting mom
- Keeping the romance

To register, contact Fatherhood
Coordinator Luc Desir at
407 276-6816 or
Luc.Desir@FLhealth.gov