

Florida
Department of Health
in
Orange County



BBB NEWSLETTER

March - April 2023

Welcome! Bellies, Babies & Beyond (BBB) created a newsletter to connect with community partners and members.

The BBB Newsletter is a bi-monthly snapshot of all things BBB. We will inform you of our class schedule, community engagement events, and bring awareness to important maternal and child health topics.

We hope you enjoy!

SAVE THE DATE!



Healthy Start & Bellies, Babies & Beyond

Community Baby Shower

Saturday, April 22, 2023
10 am - 2 pm

Holden Heights Community Center
1201 20th St., Orlando, FL 32805

Guest Speaker, Community Resources, Giveaways, Prizes and More!

Creole & Spanish Translation Services Available!

Registration Coming Soon!



Did you know, April 23 - 29 is National Infertility Awareness Week?

Founded by RESOLVE in 1989, National Infertility Awareness Week is a significant observance that aims to raise awareness about infertility, the non-existent support structures, and the challenge those encountering fertility face. Infertility is a common challenge that doesn't discriminate, affecting anyone regardless of race, religion, sexuality, or economic status.

The initiative encourages sharing of infertility stories or reproductive issues to change the narrative and get the necessary support and make the journey easier.

Upcoming Classes:

Benefits of Breastfeeding

March 13 & April 10 (English)

7:00 p.m. - 8:00 p.m.

Location: Virtual (Microsoft Teams)

March 20 & April 17 (Spanish)

7:00 p.m. - 8:00 p.m.

Location: Virtual (Microsoft Teams)

Childbirth Class

March 4 & April 1 (English)

March 18 & April 15 (Spanish)

9:00 a.m. - 4:00 p.m.

Location: Lake Ellenor Auditorium

6101 Lake Ellenor Drive, Orlando, FL 32809

March 7, 14, 21, 28 (English)

April 4, 11, 18, 25 (English)

6:30 p.m. - 9:30 p.m.

Location: Lake Ellenor Auditorium

6101 Lake Ellenor Drive, Orlando, FL 32809

E.A.M.I.

Educación y Apoyo a Mujeres e Infantes

April 3, 10, 17, 24 & May 1, 8

2:00 p.m. - 4:00 p.m.

Location: Lake Ellenor Training Room

6101 Lake Ellenor Drive, Orlando, FL 32809

E.A.M.I. is the Spanish speaking version of W.I.S.E.

Nutrition Eating Healthy During Pregnancy & Beyond Lunch and Learn

March 17

12:00 p.m. - 1:00 p.m.

Location: Sunshine Health Center

6801 W. Colonial Drive, Suite E, Orlando, FL 32818



Safe Ride 4 Babies Car Seat Class

March 3 & April 7

9:00 a.m. (Spanish)

11:00 a.m. (English)

Location: 475 Story Rd

Ocoee, FL 34761

W.I.S.E.

Women Infant Support Education

March 20, 27 & April 3, 10, 17, 24

10:00 a.m. - 12:00 p.m.

Location: Sunshine Health Center

6801 W. Colonial Drive, Suite E, Orlando, FL 32818

For 24/7 DAD class or Boot Camp for New Dads

dates & time contact

Luc Desir at 407-276-6816

Scan the QR code to sign up for classes!



Want to collaborate on a community event? Contact our Community Engagement Coordinator Charnae DeBose at (407) 723-5407 or charnae.debose@flhealth.gov